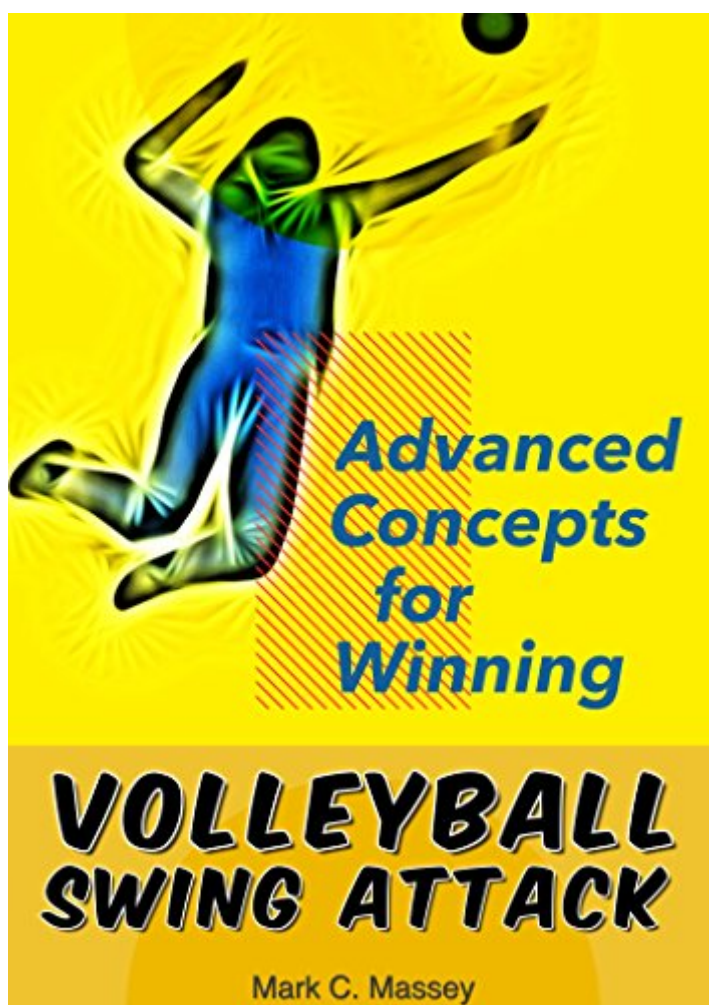


The book was found

Volleyball Swing Attack: Advanced Concepts For Winning (Swing Offense Series Book 2)



Synopsis

"Volleyball Swing Attack: Advanced Concepts for Winning" is the series companion to "Volleyball Swing Attack: 10 Easy Drills." In "Advanced Concepts" you will take a volleyball coaching mental journey, exploring the research into how "David" underdogs beat "Goliath" competitors. The endpoint of the journey will reveal three swing attack offensive wrinkles which may be a solution to some of the challenges facing your team. Along the way you will examine the STRUCTURE of how to become an "outside the box" thinker and practitioner, both in your gym and on the volleyball court in competition. Author Mark C. Massey has used versions of the swing attack with many of his college squads over the past 25+ years, resulting in multiple All-Americans and "Top 25" ranked teams. He has also taught Sport Psychology and Sociology, and integrates this academic background into a thoughtful look at how to think more creatively as a volleyball coach. Buy "Volleyball Swing Attack: Advanced Concepts for Winning" today to expand your own thinking and analysis tools as a successful coach.

Book Information

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Short Reads > One hour (33-43 pages) > Sports & Outdoors

Customer Reviews

Only source I have found that gave a good and clear explanation of the swing attack. Both books by Mark Massey compliment each other with examples.

Love it! So many of these concepts circled my brain in the last two years ... Really wish I would have found this book before the 2014 season. No worries, still plenty of time to work on it before the 2015 season gets here! Thank you!

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